

Demographics

1. Name of institution:
2. Names, titles, and departments of people completing this survey:
3. Number of students at your institution:
4. Do you have contact information for any students identifying as in recovery from a substance use disorder who have graduated recently?
 - a. Yes
 - b. No

History & Status of Recovery Supports

1. How do you perceive the degree to which other stakeholders on your campus rate the importance of having a collegiate recovery program on your campus?
 - a. Not Important At All
 - b. Of Little Importance
 - c. Of Average Importance
 - d. Very Important
 - e. Absolutely Essential
2. How do you perceive the degree to which decision-makers/administrators on your campus rate the importance of having a collegiate recovery program on your campus?
 - a. Not Important At All
 - b. Of Little Importance
 - c. Of Average Importance
 - d. Very Important
 - e. Absolutely Essential
3. How would you rate your confidence in the likelihood that your institution will successfully launch a CRP?
 - a. Not confident at all
 - b. A little skeptical
 - c. Average confidence
 - d. Somewhat confident
 - e. Very confident
4. Which of the following have been attempted at your institution in the past (choose all that apply):
 - a. An effort to establish a program has been attempted in the past
 - b. There have been recovery meetings on campus previously, but no longer exist
 - c. There are currently recovery meetings being held on campus
 - d. A student organization has existed but no longer exists
 - e. A student organization has been established and currently exists
 - f. A faculty or staff person made an effort to create a CRP but couldn't find students for a peer-support community
 - g. A faculty or staff person made an effort to create a CRP but encountered institutional barriers

- h. The university has established a space on campus in which a program could meet
 - i. The university has created a staff position, or assigned some of a staff person's time in an effort to establish a program
 - j. The university has acquired external funding (grants, gifts) in order to establish a program
 - k. The university has budgeted funds to the program
 - l. None of the above
- 5. Are you aware of mutual aid meetings (such as 12-step or other recovery support meetings) that occur near campus that students may attend?
 - a. Yes
 - b. No
 - c. Not sure
- 6. Which of the following recovery groups currently or previously have had meetings on your campus? Choose all that apply.
 - a. There have never been recovery meetings held on campus
 - b. Alcoholics Anonymous (AA)
 - i. Currently
 - ii. Previously
 - iii. Unsure
 - c. Narcotics Anonymous (NA)
 - i. Currently
 - ii. Previously
 - iii. Unsure
 - d. Al-Anon
 - i. Currently
 - ii. Previously
 - iii. Unsure
 - e. Recovery Dharma
 - i. Currently
 - ii. Previously
 - iii. Unsure
 - f. SMART Recovery
 - i. Currently
 - ii. Previously
 - iii. Unsure
 - g. Other
 - i. Please describe
- 7. To give the team an idea of the current status of planning for a Collegiate Recovery Program (CRP) at your institution, please rate the progress on the following planning milestones:
 - a. Identifying students in recovery

- i. Not started
 - ii. Some progress
 - iii. Close to accomplishing
 - iv. Completed
 - v. Not applicable/Unsure
 - b. Development of a student group/organization
 - i. Not started
 - ii. Some progress
 - iii. Close to accomplishing
 - iv. Completed
 - v. Not applicable/Unsure
 - c. Survey of existing resources for recovering students and students seeking help for substance use disorder on your campus
 - i. Not started
 - ii. Some progress
 - iii. Close to accomplishing
 - iv. Completed
 - v. Not applicable/Unsure
- 8. Is there a space on campus to hold Twelve-Step and other recovery support meetings that can also accommodate the confidential and sensitive nature of these meetings?
 - a. Yes
 - b. No
 - c. Unsure
 - i. If yes, can this space accommodate at least 25 people?
 - 1. Yes
 - 2. No
 - 3. Unsure
 - a. If no, how many people could this space accommodate?

Project Planning Team

1. Have you assembled a project planning team?
 - a. Yes
 - b. No
 - c. In Progress
2. How many hours per week of staff time is/are currently allocated to this project? (text entry, integers only)
3. Are there other parties whose expertise is not represented that would benefit the team?
 - a. Yes
 - b. No
 - c. Unsure
 - i. If Yes:
4. Identify those other parties here (text entry)

5. In this next section, identify three college/university administrators most able to obtain resources to create and implement a CRP on your campus.

b. Enter name #1 (first + last)

i. Has this individual been approached and made aware of the primary needs of a CRP?

1. Dedicated Staff

- a. Yes
- b. No
- c. Not Sure

2. Physical office and meeting spaces

- a. Yes
- b. No
- c. Not Sure

3. Adequate operating budget

- a. Yes
- b. No
- c. Not Sure

c. Enter name #2 (first + last)

i. Has this individual been approached and made aware of the primary needs of a CRP?

1. Dedicated Staff

- a. Yes
- b. No
- c. Not Sure

2. Physical office and meeting spaces

- a. Yes
- b. No
- c. Not Sure

3. Adequate operating budget

- a. Yes
- b. No
- c. Not Sure

d. Enter name #3 (first + last)

i. Has this individual been approached and made aware of the primary needs of a CRP?

1. Dedicated Staff

- a. Yes
- b. No
- c. Not Sure

2. Physical office and meeting spaces

- a. Yes

- b. No
 - c. Not Sure
3. Adequate operating budget
- a. Yes
 - b. No
 - c. Not Sure

Identifying Barriers

1. Estimate the degree you anticipate the following to be barriers in the formation of a collegiate recovery program on your campus:

a. Obstacles from within the recovery community:

i. Conflict between our recovery philosophy and 12-step recovery philosophy.

- 1. Not a problem
- 2. Slight obstacle
- 3. Moderate obstacle

4. Major obstacle ii. Lack of underrepresented populations in traditional recovering communities (i.e. 12-step, peer-support, or professional treatment communities).

- 1. Not a problem
- 2. Slight obstacle
- 3. Moderate obstacle

4. Major obstacle iii. Various pathways of entry into recovery (i.e. treatment, incarceration, faith-based intervention, self-selection).

- 1. Not a problem
- 2. Slight obstacle
- 3. Moderate obstacle

4. Major obstacle iv. What, if any, other obstacles do you anticipate from within your recovery community?

b. Obstacles from college/university administration:

i. Viewing students in recovery as a liability rather than an asset to the campus.

- 1. Not a problem
- 2. Slight obstacle
- 3. Moderate obstacle

4. Major obstacle ii. Funding and physical space for new programs is scarce at my institution.

- 1. Not a problem
- 2. Slight obstacle
- 3. Moderate obstacle

4. Major obstacle iii. It is often difficult to convince administrators to invest in a program that appears to serve a small minority of students.
 1. Not a problem
 2. Slight obstacle
 3. Moderate obstacle
 4. Major obstacle iv. Administrators support the formation of a CRP in words but not in actions.
 1. Not a problem
 2. Slight obstacle
 3. Moderate obstacle
 4. Major obstacle
- v. The counseling center and/or clinic at my institution may view a CRP as a threat to their client base or as a source of competition for funding/budget.
 1. Not a problem
 2. Slight obstacle
 3. Moderate obstacle
 4. Major obstacle vi. What, if any, other obstacles do you anticipate from your administration?
- c. Obstacles from the community at-large:
 - i. Outpatient treatment centers, sober living residences, and local 12-step clubs may view a CRP as duplication of services that they are providing to the community.
 1. Not a problem
 2. Slight obstacle
 3. Moderate obstacle
 4. Major obstacle ii. Innovative programming often results in numerous opinions regarding the status quo. It is often difficult for people to accept a vision that is outside of the box.
 1. Not a problem
 2. Slight obstacle
 3. Moderate obstacle
 4. Major obstacle iii. What, if any, other obstacles do you anticipate from the broader community?
2. What, if any, barriers do you anticipate encountering that have not been mentioned here?

Identifying Program Types, People Served, & The Best Fit for Your Institution

1. Clinical vs. Non-Clinical
 - a. Clinical: Houses a staff of professional(s) who hold counseling licensures or equivalent licensures and provide clinical services to help students address the

underlying issues that led to their substance use disorder and/or other diagnoses.

- b. Non-Clinical: The primary focus is on community-building by utilizing peer-support philosophies and providing social and academic support for students in recovery.
 - i. Based on the descriptions above, which do you believe will be the best fit for your university?
 1. Clinical
 2. Non-Clinical
 3. Hybrid/Other
 4. Unsure
2. Residence-based vs. Campus Center-based
 - a. Residence-based (Augsburg model): Program largely centers around providing recovery students with a housing component.
 - b. Campus Center-based (Texas Tech model): Program largely centers around providing a safe space on campus for students in recovery to gather.
 - i. Based on the descriptions above, which do you believe will be the best fit for your university?
 1. Residence-based
 2. Campus Center-based
 3. Hybrid/Other
 4. Unsure
3. In addition to serving students identifying as being in abstinence-based recovery, what, if any, other populations do you hope to provide resources for on your campus?
 - a. Students identifying as being in recovery from process addictions
 - i. Not at all
 - ii. Unlikely
 - iii. Possibly
 - iv. Probably
 - v. Core population
 - vi. Unsure
 - b. Students wishing to moderate use/utilize harm reduction
 - i. Not at all
 - ii. Unlikely
 - iii. Possibly
 - iv. Probably
 - v. Core population
 - vi. Unsure
 - c. Recovery allies (students who support recovery but may not be in recovery themselves)
 - i. Not at all

- ii. Unlikely
- iii. Possibly
- iv. Probably
- v. Core population
- vi. Unsure

d. Students needing support due to having a loved one struggling with substance use disorder

- i. Not at all
- ii. Unlikely
- iii. Possibly
- iv. Probably
- v. Core population
- vi. Unsure

e. Please list any population you envision your CRP serving that was not listed here, if any.