

The Independence Blue Cross Foundation (Foundation) is committed to creating more inclusive recovery environments by improving access to treatment and resources for those affected by substance use disorder.

Through 2022, the Foundation has committed \$1 million to establish and expand recovery supports on college campuses (known as Collegiate Recovery Programs) with the Association of Recovery in Higher Education.



The Foundation supports Collegiate Recovery Programs in the region

In its first year of support, more than half of the funding has been awarded to 12 schools in southeastern Pennsylvania. To date, Collegiate Recovery Programs have been expanded at:

- Community College of Philadelphia
- St. Joseph's University, Hawk Hill Campus

Through the Foundation's support, Collegiate Recovery Programs have been established on the following college campuses:

- Bryn Mawr College
- Cabrini University
- Eastern University
- Holy Family University
- Montgomery County Community College
- Neumann University
- Saint Joseph's University, University City Campus
- Temple University
- Thomas Jefferson University
- Villanova University

Collegiate Recovery Programs facts

There are **144 schools** with Collegiate Recovery Programs nationwide.

Pennsylvania is the fastest-growing state for Collegiate Recovery Programs.

Pennsylvania ranks 1st in the nation with 13 Collegiate Recovery Programs.

Approximately 2 in 5 U.S. college students meet the criteria for a substance use disorder and require treatment.¹

Collectively, students involved in Collegiate Recovery Programs **have a higher GPA** on average than the general student body.

Collegiate Recovery Programs **reduce the recovery and relapse cycle by 15 years.**²

About the Independence Blue Cross Foundation

The Independence Blue Cross Foundation is focused on improving access to primary care and behavioral health in underserved areas and populations, increasing educational opportunities for health professions, addressing the stigma of addiction, creating more inclusive treatment and recovery environments for individuals with substance use disorder, and advancing health equity. By the end of 2022, the Foundation will have awarded nearly \$70 million in funding to impact the health of communities in southeastern PA.

¹ Noel Vest, Meg Reinstra, Christine Timko, John Kelly, Keith Humphreys, College programming for students in addiction recovery: A PRISMA-guided scoping review, *Addictive Behaviors*, Volume 121, 2021, 106992, ISSN 0306-4603.

² Laudet, A., Harris, K., Kimball, T., Winters, K. C., & Moberg, D. P. (2014). Collegiate recovery communities programs: What do we know and what do we need to know?, *Journal of Social Work Practice in the Addictions*, 14(1), 84–100, <https://doi.org/10.1080/1533256X.2014.872015>.